



In the realistic circumstances of an increasing number of positive COVID cases emerging Leinster Hockey would like to advise the following as guidance, and always to be considered in the context of [Public Health guidelines](#), and any other Hockey Ireland or Sport Ireland recommendations:

1. Teammates of the Positive Case:

Initially classify yourselves as **Close Contacts**, and as such follow HSE guidelines, until you can determine clearly:

- (a) how long you maybe have been in the company of your Positive teammate, and
- (b) how close you were in proximity to your Positive teammate

If all playing and training guidelines have been adhered to, there should be very few conditions that will have allowed for Close Contact, unless for example your Positive Teammate was involved with you in Short Corners during the match, involved with you in Short Corner Practice, seated with you at times in the Dug-Out, or huddled with you at half time discussions, or during any other congregating before/during/after the session

2. Opposing Team to the Positive Team\*:

Initially classify yourselves as **Casual Contacts**, and as such follow HSE guidelines, unless you can be sure that during the match, you had:

- (a) Prolonged proximity to an opposition player at under 2 metres distance.  
In this case, we would recommend that your Club's CVO engage with the Positive Club\*'s CVO to determine, as much as possible without disclosing names, but using positions, whether you may have been exposed to the Positive Club Member.

In general, unless you have memorable instances of prolonged contact, i.e. ~15 minutes, at less than 2 metres distance, for example man-marking, or tracking while tackling a player, or extremely physical body contact tackles, it is our understanding that as a non-contact sport, in most instances, you will be classified as Casual Contact.

\*If there is one positive case on a team, for ease, we shall refer to this as a Positive Team

# #StaySafePlaySafe