



COVID 19 – Avoca Hockey Club Guidance for the return Hockey (Phase 3 July 2020) Avoca Guidance Summary updated 7th September 2020.

Avoca Hockey Club is committed to doing everything we can to stop the spread of the Coronavirus and avoid people having to suffer from Covid-19. There are elements to this guidance that are mandatory and non-adherence may lead to an individual being asked to depart the pitch and facilities. This guidance covers activity at all pitch sites unless otherwise stated. Please use the links below to access full guidance. This document is a guide for Avoca Hockey Club.

1. Each player MUST bring their own hand sanitiser bottle. Sanitisers will be available on the grounds but it is the personal responsibility of each parent, member or visitor to ensure their own hygiene.
2. The group manager is deemed to be the Covid officer for their session, and where they are not present must nominate a replacement. All managers are asked to complete the Sport Ireland online Covid guidance course. [Link Below.](#)
3. Visiting teams should follow the instructions of the Avoca Manager. In principle, once the Avoca team has entered the pitch, the visiting team will be invited onto the pitch by the Avoca manager or coach.
4. Hand sanitisers at the entrance to the hockey field. Every player/coach to clean hands on entering and exiting. Please use your own sanitiser if possible. Each manager to ensure that they have sanitiser at the entrance to the training or match location.
5. Each player/coach MUST bring their own individual hydration bottle and snack containers. Bottles and containers are not to be shared and will preferably be non-disposable.
6. Please be on-time for drop and collect. Short gaps are being put between training sessions and we need your help to make them work. Please do not enter the pitch area and drop off players outside.
7. Once training sessions and matches are complete all teams and personnel are asked to vacate swiftly to facilitate any group waiting to come on.
8. On arrival visiting team members must wait outside of the pitch area (adhering to social distancing and non-congregation rules) until the pitch is deemed ready and the manager or coach summons them for check-in.
9. Only players, coaches, managers and club personnel may enter the pitch area. Parents or others are not to enter the spectator areas.
10. At training sessions, individual groups with one coach must total no more than 15 people. Kit is to be left at 2m intervals around the fencing. Coaches are to adhere to social distancing during training.
11. All waste/rubbish is to be removed from the facility by the person who brings it. There are no longer any bins or refuse facilities in Newpark and all sites are now no trash zones.
12. Please follow any special drop off and collection instructions that you are to follow by your team managers.
13. Social distancing is to be maintained in any off-pitch area of the facility, pitch enclosure, school grounds and sports centre. Please avoid any congregation anywhere on the grounds of any of the three schools.
14. While it is recognised that some people, parents in particular, will want to stay and watch, we ask that you do not stay at this time and in line with national health guidance. Avoca remains a committed social and inclusive club; however, public health guidance must be followed.
15. There are no toilets/showers at this time. We are working on resolving this.
16. Every person will have to FILL IN THE HOCKEY IRELAND COVID ASSESSMENT FORM BEFORE RETURNING TO HOCKEY FOR THE FIRST TIME. The form only has to be provided once and will be provided to you by your team manager.
17. No players are to touch any coaching equipment and are only to touch their own equipment, and nobody else's. This includes cones, ladders etc. Club Coaches and leaders will manage all equipment.
18. No players to touch any balls with their hands – they can use their stick only. Club Coaches and leaders will manage all equipment.
19. No bibs will be used with players required to have their own WHITE AVOCA TOP AND A COLOURED TOP if required for your session. Coach/Manager will advise.
20. We would guide that you minimize car-pooling and if unavoidable, adhere to national guidance on the use of sanitation and masks.
21. Currently, we cannot use the dugouts. Players who are not on the playing field during a match (Subs, injured, disciplined) must adhere to 2m social distancing.
22. Personal kit is to be kept at a minimum and ideally do not bring a hockey bag with you. Kit must be left at 1-2m intervals along the fencing.



23. Goalkeepers will have their own kits and the current guidance if for players to have their own face masks. (We are awaiting further guidance on masks).
24. People who seem unwell before or during training will be asked to go home. In the case of a minor the parent/guardian will be asked to collect. (either by a club leader or the child may call if desired – child's choice)
25. Please DO NOT come to train/play or support if you are unwell.
26. As a principle, lost property cannot be retained or handled by the clubs personnel – your property is your responsibility.
27. No shaking hands, embracing etc. before or after games. Tapping sticks has become the norm in Avoca.
28. For those deemed as High Risk or Vulnerable person under government advice, please take extra care should you need to come to the facility (e.g. guardians). Persons deemed High Risk/Vulnerable under government advice are advised not to take part in Hockey at this time.
29. If you require sanitisation supplies please inform your group or team manager.
30. Team and Group managers must share this document with the managers of teams that visit our pitches.

Queries: Contact Club CoVID Officer - Mr. Alwyn Robinson clubsecretary@avovahockeyclub.ie

We really appreciate your support at this time. Please help us make the experience fun and easy.

AHC Committee September 2020

Links to comprehensive guidance and training:

Hockey Ireland Covid-19 Guidance: https://www.hockey.ie/hockeyireland?content_page=COVID-19

Sport Ireland Course: <https://www.sportireland.ie/covid19/course>